

IMPROVISATION, meaning making, composition, choreography

whole body, isolated parts, left, right, **BODY**, hands, feet, arms, legs, torso, head

axial, locomotor, **MOTION**, walk, run, hop, jump, leap, skip, gallop, slide, roll, crawl, stretch, bend, twist

shape, **SPACE**, direction, pathway, levels, size, focus, positive, negative, symmetry, asymmetry

tempo, rhythm, beat, fast, slow, accelerate, **TIME**, decelerate, accent

sustain, suspend, swing, **ENERGY**, sway, collapse, vibrate, percussive, explode

